

Trenza Mitts

Design by Susanna IC



These mitts feature a braided cable of intermediate difficulty so some prior experience with knitting cables would be beneficial to the success of this project. Working the cables in opposite directions on the mitts results in a lovely mirroring effect and for that reason a separate chart is included for each hand. The original was knitted with Andean Silk from Knit Picks but any worsted weight yarn will knit up fast for a quick-to-finish project.

Please note that besides the traditional circular method of knitting it is possible to knit these mitts flat and the charts include stitches used only for the seaming of the flat pieces. These extra stitches are clearly marked and should not be knitted when working circularly. The ribbed pattern is very stretchy and will accommodate most hands; however, it can also be easily scaled up by using thicker yarn and needles or adding a few more stitches in 2x1 rib.

Finished Size: One Size

Yarn: Any worsted weight yarn; approximately 175 yards

Gauge: 18 sts / 26 rows = 4" in stockinette stitch

Needles: Size 8 / 5.0 mm double-point or circular needles for 2-circls method or Magic Loop; or straight needles if flat knitting is preferred; size 7 / 4.5 mm double point needles for thumb gussets

Notions: Cable needle, stitch marker, yarn needle

Mitts

Cast on 39 sts for circular knitting (41 sts for flat knitting); divide sts evenly among the needles if using dpns; join, placing marker at the starting point, work in k2, p1 rib for 1½ inches (or more if longer mitts are preferred). Beginning with the next round (if knitting flat this would be a right side row) start working the cable pattern. When working the thumb opening be careful to keep the stitches from getting too tight. If you choose to leave the mitts without a thumb gusset, you may simply cast off these stitches; or put the marked stitches on a stitch holder now to work the thumb gusset later. After completing the chart continue the 2x1 rib for another 1¼ inches. Cast off loosely enough for the edge to remain stretchy and comfortable during wear.

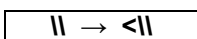
Thumb Gusset

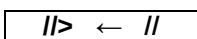
Place the 4 live stitches from the stitch holder on one of the smaller dpns, then pick up 11 additional stitches around the thumb hole and divide these over two more needles for total of 15 stitches. Starting with the live stitches and following the established 2x1 rib pattern knit 5 rows or desired length and cast off.

Finishing

Seam flat pieces only using a mattress stitch carefully matching rows to maintain the 2x1 rib pattern; weave in all loose ends.

Stitch Key

 5-st RPC SI 3 sts to cn, hold to back, k2; then p1, k2 from cn

 5-st LPC SI 2 sts to cn, hold to front, k2, p1; then k2 from cn

 k RS, p WS

 cast on st loosely

 sts required only for flat knitting

 p RS, k WS

 place st on stitch holder or cast off

Left Hand

[illegible]

Right Hand

[illegible]